INNOVATIVE MEDICINE IN UGANDA

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WHERE IS UGANDA?
WHAT IS KIHEFO?

- A non-profit non-governmental organization
- Founded by Dr. Geoffrey Anguyo in 2001
- A group of clinics including:
  - A general clinic
  - Dental clinic
  - HIV/AIDS clinic
  - Nutrition Rehabilitation center
  - Maternal/children clinic
- Other programs include:
  - Orphan and vulnerable children care
  - Rabbit project
  - Outreach clinics
KIHEFO’S MISSION

KIHEFO believes that poverty, disease, and ignorance are interconnected, and therefore, must all be addressed to break the cycle. Based on this philosophy, KIHEFO pursues a holistic and participatory approach to community development. Using a bottom-up approach, individual people and village groups are given the necessary care, resources and tools to become healthy, productive community members.

Goal of the foundation:

- To educate and empower people to take control over their own lives in a way that is positive, healthy, and economically productive

- To work in partnership with local, national and international programs, communities, institutions, and individuals to build mutually beneficial relationships to sustain the foundation
“WHY WOULD YOU GO TO UGANDA?”
GLASS REMOVAL

- Lack of resources
  - Use of hand sanitizer
  - Lidocaine
  - Surgical equipment
  - Gauze/cotton swabs
- Clinical officers
PAP SMEAR

- Assess cells from the cervix, checking for abnormalities that can develop into cancer.
- Cervical Cancer is the 4th leading cause of death by cancer and 4th cause of cancer worldwide.
- Women 21-65 should receive a pap smear every 3 years.

THE ISSUE?

- IT’S EXPENSIVE
- IT TAKES TIME TO SMEAR AND INTERPRET
‘PAP SMEAR’ ALTERNATIVE

- Cost Effective
- Easy to use
- Visual changes are immediate
- “See and Treat”
  - Preferred treatment is Cryotherapy
- Sensitivity to detect high-grade precancerous lesions ranges from 66–96% (median 84%)
- Median age of diagnosis: 43
- 5 year survival rate: 18%
  - Due to late diagnosis, lack of resources
The traditional healer is 75, and took over as healer when his father passed away.

He uses premade herb mixes which treat a variety of medical things: arthritis, hiccups, bloody noses, allergies, menstrual regulation, malnutrition.

Some herbs treat other conditions: prevent poison, bad luck, man power, woman power, love potions.

He also mixes the premade mixes for additional issues.

He heals all, no matter the payment or lack of payment. Payments include: money, food, children and wives.
FUTURE WITH CARROLL AND KIHEFO

- **Fundraisers**
  - Coin Drive
  - Toothbrushes
- **Future trips**
  - Money supports community outreach clinics
- **Why should you go?**
  - Learn!!
  - Experience!!
  - Support KIHEFO